

# 6f]YÚm

#### **DHP**

Do your part to live a healthier lifestyle and help keep health care costs low.

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#### 5,000 Promises

The Holloman 2006 Airman and Family Readiness Center project 5,000 Promises now underway.

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#### Curfew

Security forces reminds parents and minors of the on base curfew.

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# Community survey The Integrated Delivery Sys-

The Integrated Delivery System sponsors the 2006 Community Assesment Survey for active duty, civilians, reservists and their spouses.

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#### Habitat

Members from various squadrons on base came together to help build a home for those less fortunate with the Habitat for Humanity organization.

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#### JPPSO

HUZWA UbU Ya YbhCZW cZ ÙWUg cZZYf 'hdg'hc \Yd'a U\_Y' personal moves easier during peak PSC season.

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#### HU\_]b[']b'h\Y'g][\hg

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49th Fighter Wing Public Affairs

Holloman's participation in the Air Force Assistance Fund Campaign wraps up April 23.

The AFAF was established to support Air Force family members in need, said Master Sgt. Edgar Poe, Holloman AFAF point of contact.

According to Sergeant Poe, funds  $tckugf"d{"vjku"rtqitco"dgpgLv"qticnizations within the Air Force Village Foundation Inc.$ 

"This foundation is comprised of organizations providing homes and Lpcpeken" cuukuvcpeg" vq" ykfqyu" qh" Ckt" Force retirees, Airmen who need emergency assistance and anyone else in the Air Force family in need," he said.

Three examples of this program are the General and Mrs. Curtis E. LeMay

Foundation, the Air Force Enlisted Village and the Air Force Aid Society.

The General and Mrs. Curtis E. Le-May Foundation assists widows of Air Hqteg"tgvktggu"vj tqwi j "Łpcpekcn"i tcpvu0" This assistance is provided for as long as it is required.

"Several widows have received monthly checks for more than six years, while others have had problems taken care of with a single disbursement," said Sergeant Poe.

The Air Force Enlisted Village provides safe and secure homes for widows of enlisted personnel. Its goal is to rtqxkfg"jqogu"cpf"Lpcpekcn"cuukuvcpeg" due to frequent military moves that may have left the widow without a career, tgvktgogpv"rncpu"qt"ukipkLecpv"cuugvu0

The Air Force Aid Society is part qh"vjg"CHCH"cpf"ku"vjg"qhLekcn"ejctkv{" of the United States Air Force. Its mission is to assist Air Force members and

vjgkt"hc oknkgu" ykvj "gfwecvkqp" Epcpekpi" and personal emergencies. Support for AFAS programs is bolstered by personal contributions from active-duty Air Force members.

In 1993 while stationed in England, one of Sergeant Poe's Airmen received word of a family emergency. According to Sergeant Poe, AFAS supplied the Ckt o cp" ykvj "hwpfu"vq" 1 { "jqog"cpf" jg" departed within hours.

Master Sgt. Joe Campanelli, 49th Fighter Wing Commanders Support Staff AFAF point of contact, recommends active duty members donate because the funds go directly back into the Air Force.

Holloman's AFAF donation goal for 2006 is \$46,600. Last year \$60,632.58 was raised.

Donations may be made by active duty, reserve, guard, retired and civilian personnel working at Holloman.

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Vm'@h"'7c\"'FcqY'@UmaUb 49th Medical Operations Squadron

Health care costs in the United States have risen dramatically in the past 30 years from a \$4 billion system in 1940 to more than \$1 trillion per year now, or approxio cvgn { "qpg"Lhv j "qh"v j g"W0U0"geqpq o {0""

Recently, the California Health care Foundation and the Centers for Medicaid and Medicare Services reported that growth in health spending is slowing

Nevertheless, health care spending eqpvkpwgu" vq" gzegg f" kp ł cvkqp" cp f" y c i g" growth.

The Department of Defense has not been immune to this cost growth. In 1997, the Defense Health Program was \$15.7 billion and has since more than doubled, reaching \$38 billion in 2006.

The DHP, one of largest and most complex health care systems in the nation, is responsible for more than eight million dgpgŁekctkgu0"

How can the DHP continue to provide tgcuqpcdng."swcnkv{"ectg"hqt"qwt"dgpgŁekcries in this ever-changing environment? The answer is prevention, healthy lifestyles and education.

If there were neither illnesses nor accidents, the problems of rising health care costs and DHP budgets would, theoretically, not exist.

Ideally, a healthy society consists of people who do not smoke or consume alcohol to excess, exercise regularly, eat wisely and use seat belts and helmets.

While this is unrealistic, preventing

chronic illness and implementing approaches involving self-management are not.

In order to assure the right care at the right time, we must reinforce the following rqkpvu" y kv j "qwt"dgpgŁekctkgu<

- · Promote healthy lifestyles and safety. Leaders can substantially decrease the number of sick days in the workplace d{"gphqtekpi"\( \) working environment.
- Avoid risky behavior. Risk factors such as smoking, obesity, high blood pressure and high cholesterol cause bengŁekctkgu"vq"uggm" o wej "o qtg" j gcnvj "ectg" than those who reduce their risk factors. Kp"hcev."dgpgŁekctkgu"ykvj"jkij"tkum"hcevqtu" seek care at three to four times the rate of those who do not engage in these behaviors. This translates more time away from work and duty-limiting restrictions. A smoker's disease rate is 60 percent higher than a non-smoker's and their children have higher incident of upper respiratory complications and greater severity of asthmatic attacks. Drink too much alcohol? The concern is not just about who the designated driver will be. Alcohol poisoning can occur with excessive intake and if untreated can lead to coma, seizures, hypothermia, brain damage and
- Promote self-management. Guides such as the "Take Care of Yourself" book offer objective guidelines to help a person decide whether medical assistance is required for a problem and provide information about home treatment. Got a cold and need to stay home? Military supervisors

can grant 24 hours of quarters for minor ailments at their discretion without the worker going to the clinic. By doing this, you save yourself the clinic wait as well as the risk of catching something worse from the other patients.

· Realize that quality health care does not always mean instant health care or prescriptions. Antibiotics are not the answer for all ailments and can lead to complications if inappropriately used. Eqnfu"cpf" \text{\text{lwu}"ctg"lwuv"vyq"gzcorngu"qh"} common illnesses caused by viruses. Antibiotics don't kill viruses and therefore ctg" wugnguu" kp" Łi j vkp i " xktcn" kphgevkqpu0" Quality health care also does not equate to only seeing a physician versus a nurse or a technician. Quality health care is getting the right care from the right health care provider at the right time.

As leaders, if we are to ensure accessible and high-quality health care for all, we must educate our Airmen and our entire population in assuming the role of personal responsibility.

Recent news generated quite a scare hqt" o cp{"qh"qwt"dgpgLekctkgu" y kvj"vjg" proposal to raise individual cost shares.

If we do not enforce prevention and reduce risky behaviors, this proposal may become a reality for our retirees and

Admittedly, there are changes that must be made within the DHP. however. these changes, combined with healthier lifestyles and a stronger role in self-management of you and your family's health, will help the DHP deliver the best care to cnn"qwt"dgpgŁekctkgu"hqt"{gctu"vq"eqog0

## 8 I = Update

Days since last DUI

DUIs this year

This week last year

#### Last six DUIs

• 49th LRS March 24

• 49th MMS Feb. 23

• 49th AMXS Feb. 19 • 49th MDOS Feb. 17

Jan. 31

• 49th FW • 49th CS Dec. 30

#### 572-RIDE works!

Calls made are lives saved % Saves this year

Saves this week





@ck.'(.

Weather forecast provided by the 49th Operations Support Squadron Weather Flight.

### *572-7500*

# H olloman otline

The Hotline is your direct link to the 49th Fighter Wing commander. If you've tried to solve the problem yourself and haven't been able to get results, call 572-7500 or e-mail eeljqvnkpg Bjqnnqocp0ch0okn. Before submitting a Hotline, please give the appropriate agencies a chance to work out the problem.

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Vm'5]f a Ub'%gh'7`Ugg'<YUh\Yf'GhUbhcb 49th Fighter Wing Public Affairs

A promise is any simple act of kindness making a parent or child's life a little easier and lets them know someone cares.

The Holloman 2006 Airman and Family Readiness Center project of 5,000 Promises kicked off Monday.

This program is to encourage everyone from active duty members, civilians, retirees and children to make a promise to lend a helping hand, said Ms. Linda Gretchen, family advocacy program assistant

According to Ms. Maggie Clark, family advocacy nurse, 5,000 Promises is meant to encourage people to volunteer, strengthen the community and make an impact during April – National Child Abuse Prevention Month.

The campaign was originally named 10,000 Promises, developed by the New York chapter of the National Committee to Prevent Child Abuse.

"The goal for Holloman is to get 5,000 promises between now and April 2007," said Ms. Gretchen.

"Promises can be made as a voluntary pledge or signed on a promise card, however, the promises will not be tracked."

According to Ms. Gretchen, a promise can be as simple as helping a mother who is struggling to put her children and groceries into the car or helping the spouse or child of a deployed active duty member.

"The promises have the potential to help all who

are involved. The individual making the promise gains personal satisfaction for helping someone and helping within the community," she said. "The persons receiving the promise not only get the fktgev" dgpg½v" qh" vjg" rtq o kug." dwv" cnuq" gzrgtkgpeg" the value of a stronger connectedness within the community."

In addition to self-improvement, people who volunteer for the program will also improve the community.

$$\label{eq:condition} \begin{split} & \|Vjg\|^2 = q \ o \ wpkv \{ \text{"cnuq'dgpg} \text{\ensuremath{\it E}} \ wu''d \{ \text{"dgeq} \ o \ kp \ i' \ c'' dgvter place for raising children as the habit of helping one another spreads," said Ms. Gretchen. \end{split}$$

For more information, contact Ms. Lana Brown, family advocacy outreach manager at 572-0227 or visit the Airman and Family Readiness Center.

#### AcfY'YjYbhg

Holloman Children Need a Wingman, Too: A Wingman's Day is scheduled April 21 from 652" r000"vq"752" r000"kp"vjg" {qwvj"egpvgt0"Vjg"gxgpv" will focus on school-age teens, and wingman cards will be handed out for the students to either give or receive when a wingman is needed.

Real Men Rock: Real Men Rock is scheduled Crtkm"48"htqo"33<52"c0o0"vq"3<52"r0o0"kp""vjg"Eqoownity Center Ballroom. Information will be shared on the important role a father plays in a child's life, and fathers are invited to bring their infants and toddlers and rock them.



Photo by Ms. Danielle Tos

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Vm' Ag"' 8Ub]Y``Y'HcghY 49th Fighter Wing Public Affairs

Though summer is quickly approaching, security hqtegu"qhLekcnu" y cpv"vq"tg o kpf" {qwvj "cpf"vjgkt" rctents of the base curfew.

The base curfew does not apply to military members, but has been established for all other people on base under the age of 18.

While those under age are expected to be off the streets between the hours of 10 p.m. and 5 a.m. Sunday nights through Friday mornings and 12 a.m. to 5 a.m. Saturday and Sunday mornings, there are some exceptions to the policy.

According to Tech. Sgt. Warren Booker, 49th Ugewtkv{"Hqtegu" łki jv"e j kgh."dghqtg"v j g"ewthg y " y cu" in place there were multiple problems on base with minors.

"We've had problems before with minors gokpi"vq" fqt ou"qt"ugwkpi"Ltgu.ö" jg"uckf0" õV jg" o ckp" purpose of the curfew is to maintain order and good discipline on base."

A minor is excused from the base curfew if the hannay kpi "crrnkguk"

- They are active duty or emancipated by marriage.
- They are accompanied by a parent or legal guardian.
  - They are involved in an emergency.
- They are going to or returning from a schoolsponsored function, a civic organization or a religious function.
- They are going to work or returning home from work and possess a letter signed by their parent identifying the name(s) of the parent(s), the minor's place of employment, current home address, home phone number and the hours of employment.

"If a parent is to give a letter for a child to be out past curfew, it must be in accordance with the Air

Force instruction," said Tech. Sgt. Bryan Mills, 49th SFS, NCO in charge of police services. "Security Forces will not accept generalized letters stating 'my son/daughter can stay out past curfew."

Security Forces will verify the authenticity of the letters by contacting parents.

Rgpcnvkgu"hqt"xkqncvkpi"vjg"rqnke {"ctg"cu"hqnnqyukf"Hktuv"qhhgpugk"Vjg" o kpqt"yknn"dg"vtcpurqtvgf"vq" their house or, if they do not live on base, will be transported to the Security Forces Control Center to be released to their parents or responsible adult. However, if the minor has a driver's license, parents have the option to give authorization to let the minor drive home over the phone.

É"Ugeqpf"qhhgpug<"Vjg"okpqt"ykm"dg"vtcpurqtvgf"vq" vjg"UHEE0"Vjg"qhŁegt"ykm"eqorngvg"c"Łgnf"kpvgtxkgy" ectf."pqvkh{"vjg"urqpuqtøu"Łtuv"ugtigcpv"cpf"fqewogpv" the violation via security forces blotter entry.

The minor will be held at Bldg. 35 until their parent or legal guardian is able to pick them up. If the minor has a driver's license, they are allowed to drive home with authorization from the parent.

É"Vjktf"qhhgpug<"Vjg"cdqxg"cevkqpu" y km"dg"vcmgp" again, but the minor will be issued a District Court Violation notice to appear before a District Court judge and base barment procedures will be initiated.

Parents will not be punished directly, but their unit ngcfgtujkr" y knn"dg"pqvkŁgf"qh"vjg"kpekfgpvu0

The minor may also be barred from the base for repeat offenses. The parent would then have to make special arrangements for the situation.

"Curfews are useful for both minimizing victimization of young people as well as a tool to aid in deterrence of offenses by youthful offenders," said Sergeant Mills.

For more information on the base curfew policy, reference the Base Housing Pamphlet online at <code>jwr<ll jqmq o cp/y gdl o uilegul J qwukpilj cpfdqqm0cur0</code>

## BYk'giVa]gg]cb'[i]XY`]bYg

Submissions to the *Uwpdwtuv* are due by close of business Wednesday, one week rtkqt"vq"vjg"gzrgevgf"rwdnkecvkqp"fcvg"cpf"encuukŁgf"cfu"ctg"fwg"d{"pqqp"Oqpfc{"the week of publication.

Submissions may be e-mailed to 6; hy0rc0uwpdwtuv B j qnnq o cp0ch0 o kn or brought to building 29, suite 2800. Submissions to the Uwpdwtuv" o wuv"kpenwfg<"gxgpv"vkvng." fcvg."vk o g."rnceg."c"dtkgh"fguetkrvkqp"qh"vjg"gxgpv."vjg"Łtuv"cpf"ncuv"pc o gu."tcpm"cpf" a phone number or e-mail address for contact information.

Meeting the deadlines does not guarantee that information will run. All information must be edited before being published and submissions are run on a priority, space-available basis.

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Vm'7Udh"'>cY`'GhUf\_ 49th Fighter Wing Public Affairs

The Integrated Delivery System is sponsoring the 2006 Community Assessment Survey of active duty members, spouses, reservists and their spouses.

The Web-based survey will be sent to approximately 1,000 randomly selected Holloman members for completion beginning Monday through May 1.

"Taking care of Airmen and families is important to our wing, so this survey is a top priority," said Lt. Col. Juliette Robinson, Community Action Information Board director. "It's the best way for us to listen to community members and meet their needs."

Results from previous Air Force community assessments have impacted such policies and programs as expansion of family financial counseling programs, development of a user-friendly support network for single parents and the creation of the base-level Sexual Assault Response Coordinator.

The IDS is asking respondents to ensure they answer supplemental questions at the end of the survey pertaining to risk behaviors that are of immediate concern to Air Force leaders.

The survey allows respondents to express their opinions anonymously and honestly and targets resources where they are most needed. Military members will receive a Web link via e-mail, and selected spouses will receive a letter by mail containing the Web address.

Colonel Robinson stressed the importance of family participation.

"If you're a military member and your spouse is selected, please ensure they complete the survey," she said.

For those without computer access, computers are available at the Airman and Family Readiness Center, the base library and the community center.

"Too often we just look at today, but this survey will have a long-term impact on Holloman. Not everyone's going to be able to share their opinion, so those selected should take advantage of it and express their honest opinion," said Chaplain (Maj.) Bryan Hochhalter, Community Action Information Board chairman.

For more information, contact Colonel Robinson at 572-7658.

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The Integrated Delivery System is a group of base organizations such as Family Advocacy, Drug Demand Reduction, the Health and Wellness Center, and the Chapel. The group meets monthly to review statistics and identify services needed by the base community and to prevent redundancies in services.

Integrated Delivery System members also exchange personal observations to help spot negative trends in the safety and well-being of Airmen and their families.

The IDS is currently chaired by Chaplain (Lt. Col.) Bryan Hochhalter, and is the working arm of the Community Action Information Board. The Community Action Information Board consists of the wing commander and group commanders.

The board reviews and resolves individual, family and community issues that impact the readiness and quality of life for Holloman Airmen and their families.

For more information, contact Colonel Hochhalter at 572-7211.



Congratulations to the following nominees for the Ckt"Hqteg"Gfwecvkqp"cpf"Vtckpkpi"Ocpcigtu"qh"vjg" [gct"cyctf<

Master Sgt. Gary Goodman, 49th Maintenance Operation Squadron Senior Enlisted Support Education Training Manager category

**Staff Sgt. Heather Baumann,** 49th MOS Junior Enlisted Support Education Training Manager category

**Tech. Sgt. Cheryl Shaw**, 49th Medical Group Junior Enlisted Unit Education Training category

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Tech. Sgt. Eric Faulkenberry, 4th Space Squadron

Staff Sgt. Lorelaine Francisco, 49th Mission Support Squadron

Staff Sgt. Heather Parker, 49th Communications Squadron

Staff Sgt. Stephen Saldivar, 49th Services Squadron

Senior Airman Zachary Nelson, 49th Communications Squadron

Airman 1st Class Traci Hardaway, 49th Comptroller Squadron



Photo by Chief Master Sgt. Curtis Walker

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Air Force Print News

SAN ANTONIO, Texas — The Air Force Contact Center's Webdcugf"ugtxkegu"cpf"eqpvcev"egpvgt"qhLekcm{"dgicp"vcmkpi"ecmu"chvgt a ceremony at the Air Force Personnel Center at Randolph Air Force Base, Texas.

The center is part of a new initiative called Personnel Services Delivery Transformation, which uses technology to place the capability for conducting routine personnel transactions into the hands of Airmen via Web-based services and contact centers.

"PSD is the road from good personnel service delivery to great personnel service delivery," said Mr. Roger Blanchard, assistant deputy chief of staff for personnel, Headquarters U.S. Air Force, Washington, D.C. "The call center is here to execute that vision. We are on the cutting edge of delivering services to the Air Force community. That's the road we are on today."

The center's opening is the beginning of many changes Airmen will see in the way they handle tasks concerning their careers — tasks they pqt o cm { "j c f"vq"xkukv"vj gkt" o knkvct { "rgtuqppgn" lki j v"vq"eq o rngvg0"

The idea behind this transformation is to provide a convenient and secure way from any telephone or Internet-ready computer, allowing Ckt o gp" vq" cxqkf" y ckvkpi" kp" nkpgu. "ucxg" vk o g" cpf" Lv" vj gkt" rgtuqppgn' business into their own schedule.

The goal is to move 85 percent of MPF actions online. Once the transformation begins, however, it doesn't mean Airmen can't still get personal customer service.

"This is a centralized effort," said Maj. Gen. Tony Przybyslawski, AFPC commander. "We are relieving the pressure from those in the <code>Lgnf0"Yg"ctg"ukornkh{kpi"vjg"rtqeguu0"Pqy"Cktogp"ecp"ocmg"c";2/uge-ond transaction at their convenience, instead of what normally might have taken a couple of hours by going to the MPF."</code>

Several processes like retraining and retirements, currently worked vj tqwi j "dcug/ngxgn" o knkvct { "rgtuqppgn" ł ki j vu. "y knn"dg"ugnh/kpkvkcvg f "xkc" the Web and centrally managed and processed at the center.

The transformation is a four-phase program that will continue vj tqw i j "42330" V j g"Łtuv" r j cug" dg i kpu" y kv j "vtcpuhgttkp i "cevkxg/fwv { personnel actions and will then be further broken up into seven segments called spirals.

Airmen will be able to access the Web-based services through the virtual MPF. -\*CHRP+

# Swall-seault Response Coofainatof )+&!\*+,-

24-7 response to victims of sexual assault and domestic violence.

Óða, } \*•Á@|åÆ@Á¦•Æ ^å} ^•忯 Æ Æ each month at the base theater.



The 49th Security Forces Squadron handled the following incidents from Octej"49"vq"Oqpfc{<

#### H]W\_Yhg']gg i YX.

Vjgtg" ygtg" 36" vkemgvu" kuuwgf<" Vjtgg" for failure to stop, three for no insurance, one for expired registration, three parking

violations, one for lack of safety devices, one for no headlights, one hqt"ncem"qh"c"pqkug"tgfwekpi"owhłgt" and one for the vehicle having red front lights.

#### DfcdYfhm`cggž XUaU[Y'cf'h\YZh

É"Octej "4: < "Cp" PEQ" tgrqtvgf" an exit sign had been damaged at Bldg. 338.

É"Octej"4: <"Cp"qhLegt"tgrqtvgf"c" oknor vehicle accident involving a personal owned vehicle and government owned vehicle at Bldg. 852.

É"Octej"4; <"C"ekxknkcp"tgrqtvgf"c"nkijv" ing sign had been knocked down. cart had been damaged at Bldg. 1166.

É" Octej "4; < "Cp" Ckt o cp" tgrqtvg f" j ku" personal belongings had been stole from a co-workers residence on base.

É"Octej "52<"Cp"PEQ"tgrqtvgf"c" o kpqt" vehicle accident involving two GOVs. Investigation revealed one vehicle failed to observe an open door.

É"Octej "52<"Cp"Ckt o cp"tgrqtvgf"c" o cjor accident involving two POVs on Highway 54. Investigation revealed one vehicle drifted into the median causing the other vehicle to over correct and roll over.

#### DUhfc`'fYgdcbgY

É"Octej "4; < "C"ekxknkcp"tgrqtvgf"c"rctm-

É"Octej "4; < "Cp"PEQ" tgrqtvgf "c" xgtdcn"

dispute. Investigation revealed no physical altercation occured.

É"Octej"4;<"Cp"Cktocp"tgrqtvgf"nqwf" music at dormitory 342. The individual was briefed and told to turn off the music for the duration of the night.

É"Crtkn"5<"Cp"Ckt o cp"tgrqtvgf"vyq"kpdividuals trying to get their dogs engaged kp"c"fqi"Łijv0

É"Crtkn"5<"Cp"wpmpqyp"kpfkxkfwcn"tgported there were two dogs attempting to lwor"qwv"vjg"ugeqpf"lqqt"ykpfqyu0"

É"Crtkn"6<"C"ekxknkcp"tgrqtvgf"c"dcttgf" individuals attempted entry onto the installation. The individual was denied access to vjg"dcug."fgvckpgf"cpf"vjgkt"kfgpvkLecvkqp" card was seized.

#### <9GC'gW\c`Ufg\]d"

The Holloman Enlisted Spouses' Organization will award two \$500 scholarships to eligible recipients. Applicants must be a spouse or dependent of an active duty or retired military member or a Department of Defense employee. Scholarships are for the 2006-2007 school year. Applications will be available at the educvkqp"qhLeg"cpf"ecp""dg"ceeguugf" via the Web at yyy0igqekvkgu0eqoljguqygdluejqnctujkr0jvo0" Applications must be postmarked by June 1.

#### GYWcbX'GhfYYh'W'cgifY

Wing leadership recognizes the increased hazard of vehicles entering Arizona Avenue from Second Street due to the driver's view being blocked by the Child Development Center playground ycnn0"Vjg"VtchŁe"Uchgv{"Yqtmkpi" Group evaluated the options and recommended and received approval for the permanent closure of Second Street. Access to the CDC will remain via New Mexico Avenue. Additionally, all parking lots and driveways will still be accessible from Second Street. The project to close the street and landscape the area is scheduled to be completed by April 20. This project increases vehicular safety for the base and is part of ongoing vtchŁe" uchgv{"cpf" tqcf"kortqxgments at Holloman. Furthermore, it will improve the drainage of the area and reduce potential accidents resulting from poor visibility. Personnel are encouraged to rerqtv"cp{"rqvgpvkcn"vtchŁe"jc|ctfu" through appropriate avenues.

#### HcVUWWc 7YggUh]cb

Tobacco Cessation is from 11 a.m. to noon Thursdays in the HAWC. Come make a fresh start with support from peers or one-on-one counseling. Nicotine replacements are also available. For information or to register, call 572-6015.

#### 5#7 ghUfh i d

The 49th Civil Engineer Squadron Heating, Ventilation, and Air Conditioning section will begin startup of A/C systems April 17. All A/C systems other than military family housing will be serviced, tested and started. The process is

scheduled to be completed by May 31. Facilities are prioritized in the hqmq ykpi "qtfgt<

- 1. Dormitories
- 40"QhŁeg"ctgcu
- 3. Industrial areas

No requests or appointments are necessary as all facilities have already been identified and are tentatively scheduled. Facility o cpcigtu" y kmm dg" pqvkLgf" y jgp" their individual systems have been started. Please refrain from placing trouble calls until after systems have been activated. For more information, call 572-3223 or 572-3224.

#### KcaYblg'fYhfYUh

A women's retreat is April 21-23 at Bonita Park. Cost is \$50 per person and includes lodging and meals. The guest speaker is Ms. Doris Berry. Deadline for sign-ups and registration fee is Sunday. For more information, call Ms. Andrea Gates at 572-443-0435.

#### 5fbc`X'5jY'W'cgifY

The Repair Arnold Avenue project is coming to an end. Although construction will be completed as scheduled, additional speed humps will be installed. The speed humps will be located 250 feet from the entrance of Arnold and Arizona Avenue. The portion of Arnold Avenue from the Arnold and Arizona Avenue intersection to the primary school parking lot exit will be closed Tuesday and Thursday to allow for curing. Both entrances for Desert Estates housing will be open.

#### 6'ccX'8f]jY

An Armed Services Blood Drive takes place from 10 a.m. to 2 p.m. Tuesday at the base community center. The drive is on a walk-in basis and will have four stations set up. Collections from the blood drive will directly benefit deployed Airmen. For more information, call Capt. Matt Rossman at 572-7470.

#### HcfW\'fib

The run takes place May 15 during the 2006 Special Olympics. The run is open to all law enforcement and military members. Cost is \$15 per person, which pays for a T-shirt, as well as insurance during the run. Participants will run

from Alamogordo to White Sands Missile Range. Anyone interested in running, purchasing a T-shirt or o cmkpi" c" fqpcvkqp." ecm" QhŁegt" Borunda at 439-4364.

#### GWcih]b['Xf]jY

The Cub Scouts will hold a scouting drive from 11 a.m. to 2 p.m. Saturday at Thrasher Park. Boys between ages 6-10 are wanted, as well as adults willing to be scout leaders. Boys that begin the 1st grade in the fall may also join. Refreshments will be provided as well as fun and games. For more information, please call Lori Hawkyard at 479-3002.

#### =b j Ygh a Ybh VUg]Wg

A Basic Investments class is from 6 p.m. to 8 p.m. Tuesday in the Airman and Family Readiness Center. The class will provide extensive knowledge about the Military Thrift Savings Plan, mutual funds, individual retirement accounts and college savings plans. The class will be taught by cp" ceetgfkvgf" Lpcpekcn" rncppgtl" For more information or to sign up, call 572-7754.

#### Gdcbgcfg\]d'hfU]b]b[

Sponsorship training takes rnceg"htqo"; "c0o0"vq" 32<52"c0o0" Wednesday in the Airman and Family Readiness Center. This vtckpkpi"ku"tgswktgf"hqt"Łtuv"vkog" sponsors or anyone who has not served as a Holloman sponsor in the past 12 months. For more information or to sign up, call 572-7754.

#### Kcf\_]b['Cih'KcaUb

The Working Out Woman program meets at 10 a.m. and 7 p.m. Monday, Wednesday and Friday. There are no fees and children are welcome to accompany parents.

For more information on how this program works, please call Ms. Sue Musgrave at 479-9680.

#### >"F"FcW\_Yfg

The new hours of operation for J.R. Rockers are 11 a.m. to 2 p.m. Mondays, 11 a.m. to 2 p.m. and 4 p.m. to 8 p.m. Tuesdays through Thursdays, 11 a.m. to 1 a.m. Fridays and 5 p.m. to 1 a.m. Saturdays. J.R. Rockers will be close on Sundays, holidays and family days.

# HAC'cZÙW]U`g'cZZYf'h]dg'hc'\Y`d'\_YYd'h\]b[g'acj]b[

Vm`Af"`A]\_Y`<]W\_Ybg F[ājoÁÚ^{•[}æ}ÁÚ![]^\c^ÂÛ@]{^}oĄ[~&^

As the peak season for Department of Defense personal property moves rapidly crrtqcejgu." VtchŁe" Ocpcjgogpv" QhŁeg"

qhLekcnu" qhhgt" vkru" vq" jgnr" o cmg" o qxgu" easier.

According to Lt. Col. David Holt, Joint Rgtuqpcn"Rtqrgtv{"Ujkrrkpi"qhLeg"fktgevqt." their focus is on getting requested move dates early and reducing stress on custom-

ers throughout the move process.

"During peak season, commercial moving companies will become saturated and their capacity to accept moves on many days will be limited," he said. "Our experience during previous summer peak seasons

jcu"ujqyp"vjcv"ejqkeg" o qxkpi "fcvgu"Łnn"wr' very fast. As a general rule, the last week of the month is the busiest time for moves," said Colonel Holt.

Colonel Holt suggests the following tips vq"cmgxkcvg"uvtguu<

## Acj]b[ˈh]dg

- Airmen should make appointments as soon as they receive PCS orders or not later than 45 days in advance of requested pack and pickup date to allow adequate time for the booking section to arrange a carrier. The goal is to book shipments 30 days prior to the shipment pickup date. Once it's booked, the ewuvq o gt" y km"tgegkxg"cp"cwvq o cvgf"r j qpg"ecm."hqmq y gf"wr"d{"cp"g/o ckn"eqpŁt o kpi "vjg"ecttkgt."nqecn" agent, contact information and the pack/pickup dates.
- The customer should provide contact information. This includes phone numbers and e-mail addresses for origin of pickup, in-transit and destination. It's best if cell phone numbers are provided.
- "No shows" for an appointment at the TMO may result in missed requested pickup dates so Airmen should be on time. Additionally, they should not be afraid to ask questions if there are uncertainties about a particular entitlement or move process.
- Once the customer has arrived at the new duty station, Airmen should immediately contact the destination TMO (their phone number is listed in block 13 of the shipment application) with contact information and delivery instructions. All too often service members discuss plans with the carrier or their agent, but fail to provide contact information to the destination TMO. Not contacting the destination TMO often results in inconvenience and could result in excess costs to the service member. The destination TMO typically has two hours to notify a customer of a shipment arrival and make a decision to either put their property in temporary storage or direct-deliver it to their residence. Temporary storage, however, could take several days or weeks during the summer, depending on the location.
- General information on moving household goods and helpful topics for getting ready for a move are available on the Air Force Move Web site home page at <a href="mailto:jwr<llchoqxg0js0ch0okn0">jwr<llchoqxg0js0ch0okn0</a> Other questions can be referred to a TMO counselor at 572 -3489 or Quality Control section at 572-5148.

# 5Wfcbma'VighYf'Dh"'&

#### 57FCGG

- 1. Tex-Mex menu item ÍÈÁÙÒÔÖÒØq•Á[~,&^Á•^{à[]
- 8. Mil. acronym for base openings, closings
- 12. Muddy up
- 13. Actress Zadora
- 14. Bastion
- 16. Ramstein, Aviano and Osan
- 18. Snakes
- 19. Lattice work
- 20. Fall mon.
- 21. USAF org. for DEERS support
- 24. Performed
- 26. Fencing tool
- 30. USAF requirements document; 36-2903, etc.
- of responsibility HHÈÁWÙŒØÁ[~,&^¦Á,[¦\Áæ]praisal
- 34. Stymies
- HÌÈÁÚ à Jã&Á ´´´ ÁU~,&^
- 41. Actress and director
- Lupino 42. Chum
- 43. Term for placing food in
- a trap
- 47. Burned

- 51. Have pain
- 52. Vaulted recess
- 54. Flying method used by **USAF** pilots
- 55. Type of PJ jump
- 57. Top USAF civilian
- 60. Mil. broadcast station
- 61. German city
- 64. Opera highlight
- 65. Compensates
- 68. Texas town
- 73. USAF HQ echelon
- Ï IÈÁ Y āļļāæ { ÁÓÈÁPæ¦c•, ^ļåÁQ}ternational Airport locale
- 75. Tool found in 29 DOWN
- 76. Adorable
- 77. Formerly
- 78. Minor prophet; son of Beeri

#### 8CKB

- 1. Scheduling acronym
- 2. Actress Landry
- 3. Mongrel
- 4. Sphere
- 5. Mil. acronym for protecting information
- 6. Naps
- 7. One of Santa's reindeer
- 8. Cop's uniform item

- 9. Acronym for a road
- 10. Part of USAF
- 11. USAF org. to support a

- 21. Angry
- 22. USAF WAPS study guide

- 27. Hawaiian food
- praisal
- 29. Work locations for 17 **DOWN**
- 32. USAF org. home to military records
- 35. Army equivalent to USAF tech. school
- 36. Dictator Amin Dada
- 37. Actress Turner
- 39. Fed. org. concerned with 'ã\*@cÁc¦æç^|

- 43. Mil. pay entitlement
- 44. USAF intel org.
- 46. Tracking method for
- **GBUs**

- 14. Danger posed to aircraft
- 15. Mil. uniform
- 17. Dr.'s org.
- 23. Tree type
- 25. Fed. drug org.
- 28. USAF enlisted work ap-

- 40. Everything

- 45. Sick

- 47. Conceal
- 48. DoD intel org.
- 49. Santa's helper
- 50. Mil. phone network
- 53. USN person
- 56. Weight measurement
- 58. Passageway
- 59. Web site section, perhaps
- 62. Zodiac sign
- 63. USAF award above
- AFCOM
- 65. One of 73 ACROSS

- 66. Greek letter
- 67. USAF acronym for learning at work
- 69. An EOD concern
- 70. Fed. taxing org.
- 71. Kwon Do
- 72. Hurricane center

Answers on page 19

#### 7FCGGKCF8'5BGK9FG

#### 7fcggkcfX'UbgkYfg



Cpuygtu"htqo"rcig"39

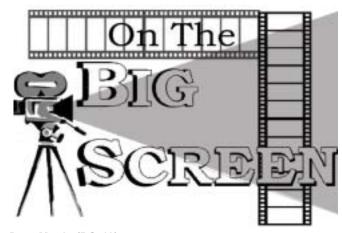
### 7\UdY`'gYfj]WYg

Weekday Masses" 6"33<br/>52" c000" Oqpfc $\{$ ." Ygfpgufc $\{$ ." Vjwtufc $\{$ " cpf" Friday.

Sunday - Catholic Mass, 9 a.m. and 5 p.m.

- Sacrament of Penance, 4 p.m.
- General Protestant Worship Service, 11 a.m.

É"Rtqvguvcpv"Uwpfc{"Uejqqn"ku";<52"c0o0"cpf"Ecvjqnke"Tgnkikqwu"Gfwecvkqp"ku"32<52"c0o0"cv" Jqnnqocp"Kpvgtogfkcvg"Uejqqn0



#### Date Movie (PG-13)

6 p.m. Friday

#### Eight Below (PG)

6 p.m. Saturday

#### Freedomland (R)

6 p.m. Sunday

#### Freedomland (R)

6 p.m. Wednesday